

Training packages for health professionals to improve access and quality of health services for migrants and ethnic minorities, including the Roma MEM-TP

## **Module 3: PROFESSIONAL SKILLS**

Training Unit: Intrapersonal skill development

Activity 1: Confronting labels and stereotypes

Prepared by: Andalusian School of Public Health

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Migrants & Ethnic Minorities
Training Packages























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## Version 1:

Different labels with stereotyped features negative, positive and neutral are randomly distributed among the participants.

- 1. Participants don't know the content of their own label and must interact with each other according to the labels exposed.
- 2. In group they share the reactions and emotions experienced.

Duration: 15 minutes

## Recommended labels:

Liar	Dirty	Friendly	Aggressive
Shy	Sexist	Feminist	Clamber
Talkative	Quiet	Dynamic	Passive
Gossipy	Rude	Good-looking	Colombian
French	Gypsy	Muslim	Jew
Catholic	Politician	Nigerian	Japanese
Plumber	Economist	Housewife	Civil servant