



Training packages for health professionals to improve access and quality of health services for migrants and ethnic minorities, including the Roma  
MEM-TP

## ***Module 3: PROFESSIONAL SKILLS***

### ***Training Unit: Interpersonal skill development***

#### ***Activity 1: “Oh”***

*Prepared by:  
Andalusian School of Public Health*



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Migrants & Ethnic Minorities  
Training Packages



Escuela Andaluza de Salud Pública  
CONSEJERÍA DE IGUALDAD, SALUD Y POLÍTICAS SOCIALES



SERVIZIO SANITARIO REGIONALE  
EMILIA-ROMAGNA  
Azienda Unità Sanitaria Locale di Reggio Emilia



JAGIELLONIAN UNIVERSITY  
MEDICAL COLLEGE

UNIVERSITY OF  
COPENHAGEN



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**Module 3: PROFESSIONAL SKILLS**

**Training Unit: Interpersonal skill development**

**Activity 1: “Oh”**

**“Oh”**

Say the word *oh* differently, giving it the following interpretation or meaning each time:

1. Shock
2. Pleasure
3. Questioning
4. Doubt
5. Displeasure
6. Detachment
7. Resentment
8. Anticipation
9. Surprise
10. Meaning the letter in the alphabet between n and p

*Reproduced from 50 Communications Activities, Icebreakers, and Exercises, by Peter R. Garber. Amherst, MA, HRD Press, 2008*