

Compulsory Activity 3: Reflection exercise

- Explore how you yourself are guided sometimes, conscious or unconscious, by one or more of the following statements. Then look at the table of “Common Myths about Sexuality”

1. Sex is natural and spontaneous behaviour	6. Men should know what women want from sex
2. Sex is always fun	7. The reason why we have sex is because we have a desire for sex
3. People are heterosexual	8. The best proof of love is sex
4. Men need to have sex regularly or they get angry and frustrated	9. Masturbation fills in the gap of a missing partner
5. Women do not like sex as much as men	10. The proof of a good wife is that she does not deny her partner sex