

Myth	Fact
1. Sex is natural and spontaneous behaviour	Sex is socially organized. We have to respect and learn the rules.
2. Sex is always fun	Some people have sex to please their partner or have had bad and troubling experiences
3. People are heterosexual	People are homosexual, bisexual or heterosexual
4. Men need to have sex regularly or they get angry and frustrated	There is no biological need for regular sex, only craving for an expected reward
5. Women don't like sex as much as men	Women like sex as much as men. They only don't want it as often.

Myth	Fact
6. Men should know what women want from sex	Men have to learn what women want, and each woman is different
7. The reason why we have sex is because we have a desire for sex	There are many reasons to have sex – for example: out of love, to become pregnant, to earn money, to relax, to be loved etc.
8. The best proof of love is sex	Sex is no proof of love. Sometimes, on the contrary, love has nothing to do with sex.
9. Masturbation fills in the gap of a missing partner	Masturbation is and stays an important way to have sex during one's whole life
10. The proof of a good wife is that she does not deny her partner sex	People should have the freedom to make the choice. When sex is a duty, it is no longer fun.